



Fresh Food Market Assistant

Location: Kingston, Ontario. On-site at our warehouse and various program locations.

Who We Are: With the unstoppable force of lionhearted partners and volunteers, we at Lionhearts eradicate hunger and homelessness, restoring dignity and hope in the communities we serve. Since our founding in 2014, we have committed to serving our communities through acts of practical love that restore human dignity – from rescuing food and household goods, to operating warming shelters and supportive housing, retraining people to help rebuild their lives, and much more.

Position: We are seeking a qualified and enthusiastic Fresh Food Market Assistant to join our team and support the Fresh Food Market Coordinator and the operation of the Fresh Food Market. The Fresh Food Market Assistant will help with the logistics of the Fresh Food Market, e.g. setting up and taking down tables and tents, arranging and displaying produce, stocking/re-stocking produce, processing payments (cash, debit and credit card sales), supporting volunteers and other market staff, and updating and distributing market posters/flyers, etc. The Market Assistant will also research seasonal recipes to educate customers on easy ways to prepare products sold at the Fresh Food Market. Other duties in the Community Food Redistribution Warehouse may also be assigned.

This position is being advertised under the Canada Summer Jobs (CSJ) program. Applicants must be

- between 15 and 30 years of age (inclusive) at the start of employment;
- registered as a full-time student during the preceding academic year;
- intending to return to school on a full-time basis during the next academic year;
- a student in a secondary, post-secondary, vocational or technical program;
- a Canadian Citizen, permanent resident, or person on whom refugee protection has been conferred under the “Immigration and Refugee Protection Act” and;
- legally entitled to work according to the relevant provincial/territorial legislation

Applicants must also possess a valid Social Insurance Number at the start of employment.

Responsibilities:

- Supports the setup and takedown of the Fresh Food Market
- Ensures safety and cleanliness of the site before, during and after each Fresh Food Market
- Maintains daily records and reports required, as well as market attendance and any other noteworthy events and quotes
- Supports and delegates responsibilities to volunteers
- Facilitates a safe and friendly environment for Fresh Food Market attendees
- Works with the Fresh Food Market Coordinator to promote the market
- Ensure all market equipment is kept organized, available and inventoried throughout the season
- Other duties as assigned by the Fresh Food Market Coordinator

Requirements

- Hard-working, detail-oriented and high-quality standards



- Demonstrate empathy, patience and professionalism while leading and engaging with volunteers, market staff and market attendees
- Collaborative and communicative team member
- Strong organizational skills including multi-tasking, prioritizing, planning, and effective time management
- Possess excellent interpersonal skills and the ability to interact with a diverse group of people, including fellow staff members, volunteers, donors, and other key stakeholders
- Experience and comfort in a customer service role, with the ability to operate a Point of Sale system
- Enjoys connecting and building relationships with people
- Ability to identify problems and ways to solve them
- Exhibits integrity, discretion, and professional maturity to effectively handle conflict
- Technology proficiencies, such as Microsoft Outlook, Word, Excel, Canva, etc.
- First Aid/CPR Certification is preferred
- This position requires an early and punctual start. Some workdays may begin at 8:00 am, while others extend into the evening, until approximately 6:30 p.m. The ability to work on a Saturday is also a must.
- Able and willing to work in an outdoor environment in adverse weather conditions and will commit to working the full outdoor season
- Can lift up to 50 pounds
- Comfortable working a physical job for up to 8 hours
- Capable of working in a fast-paced, crowded, and noisy environment

Wage: \$19.50/hour

Term: Temporary, Full-time, 40 hours/week, 8-week term. Must be able to work some evenings and Saturdays.

Start date: June 15, 2026

To Apply: Please send your resumé, cover letter, and three work-related references to hiring@lionhearts.ca. Be sure to include “Fresh Food Market Assistant YGK” in the subject line.

Application Process: Applications will be reviewed as they are received, and the posting will remain open until a candidate is selected. We appreciate your interest; however, only shortlisted candidates will be contacted for an interview.

We are an equal opportunity employer and welcome applicants from all backgrounds. We encourage diversity and inclusion and consider all qualified candidates without regard to race, colour, religion, sex, sexual orientation, gender, national origin, age, disability, protected veteran status, or any other legally protected factors.

If you require accommodations due to illness or disability during the application process, please include that in your email application.



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