



# LIONHEARTS CATERING MENU

## SNACKS

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### **Savoury Box**

*Sliced salamis and capicola, an assortment of cheeses, olives, crostini & red pepper jelly*

**\$9.00**

### **Dessert Box**

*An assortment of baked pastries and dessert, fresh fruit, and chocolates*

**\$9.00**

### **Vegan Box**

*Vegan cheese, crudite, hummus & crostini*

**\$9.00**

### **Fruit Platter**

*Fresh fruit platter with vanilla yogurt*

**\$4.00**

### **Assorted Pastries**

*An assortment of freshly baked pastries*

**\$6.00**



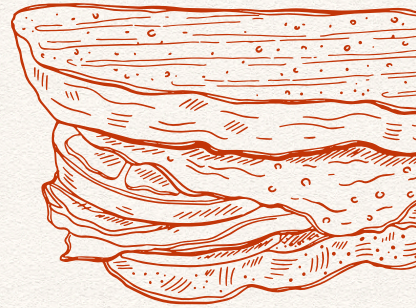
## LUNCH AND SIDES

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Sandwiches are served by the platter. The cost is \$10 per person, with the option of 4 types of sandwiches per order. (12-person minimum per order still applies)

### **Falafel Wrap**

*House-made falafel with tzatziki, pickled turnip, tomato, onion, cucumber, lettuce, feta, and Lebanese garlic sauce in a tortilla*



### **Smoked Meat Sandwich**

*Cured and smoked beef with mustard, pickled onions, lettuce, and herb aioli on a bun*

### **Assorted Cold Cut Sandwich**

*Ham, salami and turkey/chicken with tomato, onion, lettuce, mozzarella slices, mustard, mayo, and sub sauce (Mediterranean vinaigrette) on a sub style bun*

### **Chicken Caesar Wrap**

*Roasted chicken with house-made caesar dressing, lettuce, bacon, and parmesan in a tortilla*

### **Egg Salad Sandwich**

*Egg salad with onion, celery, parsley, and lettuce on a croissant*

### **Tuna Salad Sandwich**

*Tuna salad with scallions, celery, herb aioli, and lettuce on sliced bread*



## SOUPS AND SALADS

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### **Pasta Salad**

**\$6.50**

*Greek-style with house-made Mediterranean vinaigrette, tomato, cucumber, onion, feta, olives, and herbs*

### **American Potato Salad**

**\$6.50**

*Potato with a mayo-mustard dressing, dill pickles, onion, egg, celery, and herbs*

### **Garden Salad**

**\$5.00**

*Mixed green with house made balsamic honey vinaigrette, tomato, cucumber, and onion*

### **Caesar Salad**

**\$5.00**

*House-made Caesar dressing with romaine, bacon, parmesan, and croutons*

### **Choice of Soup**

*Red Thai Carrot, Potato & Leek, Tomato, or Carrot Coconut Curry*

**\$5.00**





## DINNER AND SIDES

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### **Lasagna (Meat)**

**\$20.00**

*Bolognese layered lasagna with ricotta, mozzarella, parmesan, and spinach*

### **Lasagna (Vegetarian)**

**\$20.00**

*Mushroom Ragu layered Lasagna with ricotta, mozzarella, parmesan, roasted peppers, zucchini, and spinach*

### **Pork Roast**

**\$16.00**

*Brined and roasted pork loin draped in roasted apple BBQ sauce. Served with choice of side.*

### **Thai Curry**

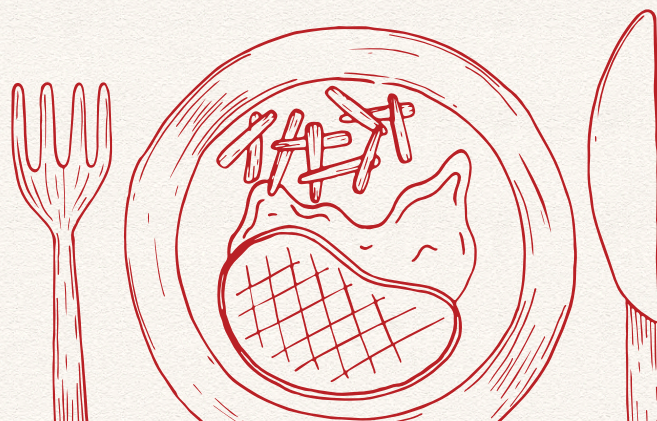
**\$16.00**

*Red Thai Curry with tofu and vegetables in Jasmine rice (replace tofu with chicken for additional cost)*

### **Chicken Souvlaki**

**\$35.00**

*Greek yogurt, garlic and herb marinated chicken on a skewer with pickled turnips, garlic sauce, roast potatoes, and golden rice. Served with a choice of side.*





## SIDES AND SOUPS

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**Seasonal Vegetables** **\$7.50**

**Potatoes, mashed/roasted** **\$6.50**

**Garden Salad** **\$5.00**

*Mixed green with house made balsamic honey vinaigrette, tomato, cucumber, and onion*

**Caesar Salad** **\$5.00**

*House made Caesar dressing with romaine, bacon, parmesan, and croutons*

**Choice of Soup** **\$5.00**

*Red Thai Carrot, Potato & Leek, Tomato, or Carrot Coconut Curry*





## DESSERTS AND DRINKS

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**Cookie or Brownie** **\$5.00**

**Sticky Toffee Pudding with  
Caramel Sauce** **\$8.00**

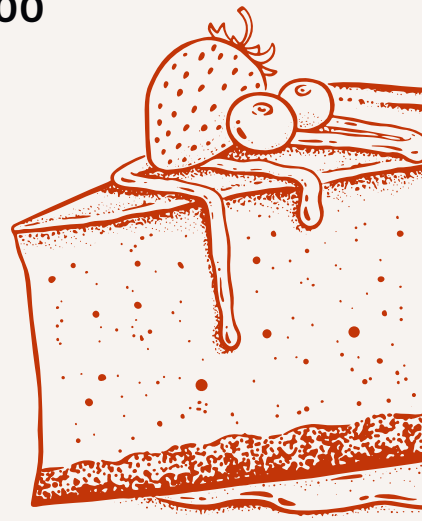
**Apple Crisp with Vanilla  
Ice Cream** **\$8.00**

### DRINKS

**Water Bottle** **\$1.00**

**Assorted Pop** **\$1.50**  
*Coca Cola, Canada Dry, Nestea,  
and Bubly 355ml cans*

**Coffee or Tea** **\$3.00**



# TERMS AND CONDITIONS

All prices are per head and there is a minimum of 12 people per order.

We strive to accommodate all dietary restrictions and allergies. However, please be aware that we cannot guarantee that our meals are completely free from allergens.

Cross-contamination is possible, as our kitchen handles various ingredients.

If you have severe allergies, please take this into consideration before placing your order.

1. There is a \$20 delivery fee; pick-up is also available at Ongwanada, 191 Portsmouth Ave, Kingston, ON.

Cancellations require at least 48 hours' notice prior to delivery or pick-up. Failure to provide adequate notice will result in a cancellation fee of 50% of the total order.

Please contact [cateringYGK@lionhearts.ca](mailto:cateringYGK@lionhearts.ca) for any orders or questions

